

Real Recovery Podcast Inc.

Key Staff Bios

Source: realrecoverypodcast.com/about

Julie P. Lewis, CRM, PSS

Co-Founder / Co-Host / President

- Credentials: Certified Recovery Mentor (CRM), Peer Support Specialist (PSS).
- Sobriety: Nearly 30 years sober.
- Moved from East Coast to Oregon at age 13. Encountered methamphetamine use and escort service work. Incarcerated after a sting operation; rebuilt life from a hotel basement. 19-year career at Sprint. Diagnosed with trigeminal neuralgia; addressed childhood trauma through intensive outpatient therapy.
- Role: Brings wisdom, lived experience, and heartfelt empathy.
- "No matter one's past, a future full of hope and purpose is always within reach."

Peter B. Dowell, AA FM; BS CVT

Co-Founder / Co-Host / Treasurer

- Credentials: AA in Film and Media, BS in Cardiovascular Technology.
- Sobriety: Over 7 years sober.
- Struggled with identity; used alcohol to cope. Embraced his identity as a gay man.
- Faced professional crises due to drinking. Found strength through recovery communities, service roles, and mentorship.
- Role: Combines technical expertise with deep commitment to service.
- A living example that real recovery can rebuild a life.

Colette Morrison

Board Member & Founding Voice

- Featured on RRP Show 004: Embracing the Journey.
- "Recovery thrives in connection."
- Founder and leader of Bridge to Recovery at Another Chance Recovery Center.
- Ambassador for the podcast -- attending events, speaking at meetings, engaging community leaders.

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